VR Experience of Depression

Experience

- What depressed people are experiencing when they are alone in home, and when they are surrounded by people
- How depression is affecting them, and share the sensory overload that leads to a meltdown
- How depressed people deal with depression in a stressful environment



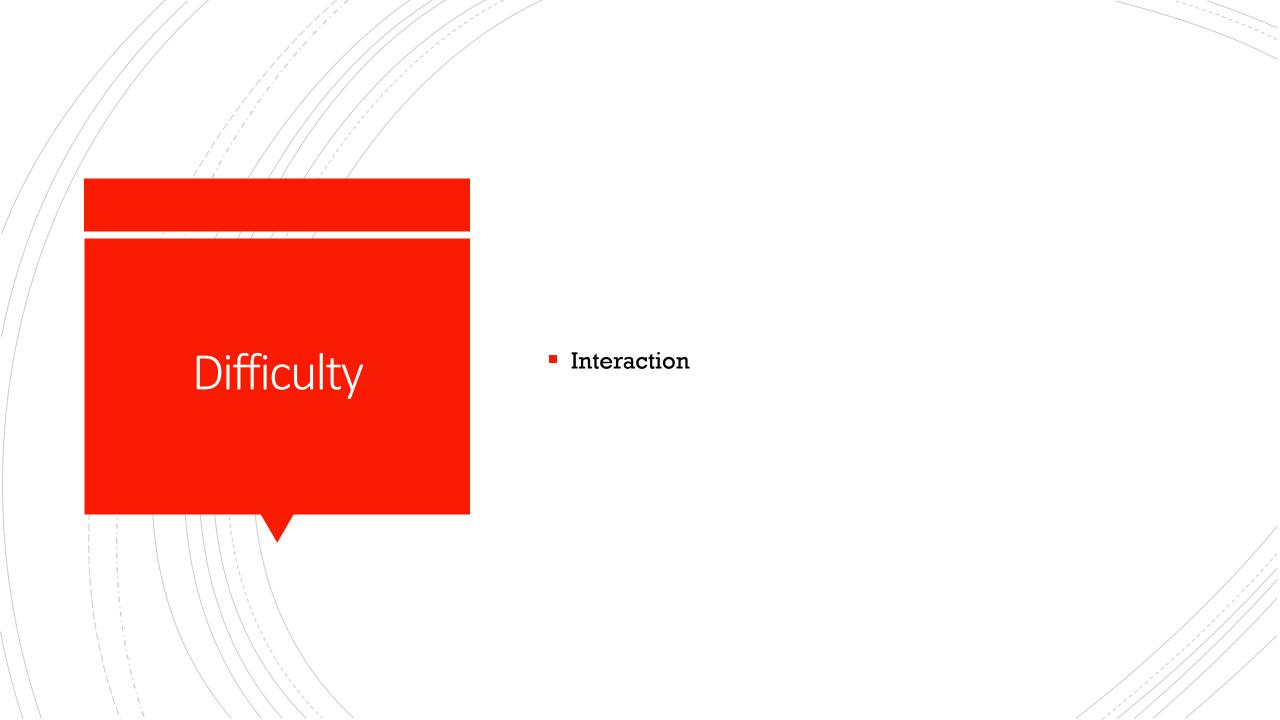
- Basically everyone
- People have misunderstandings on depression

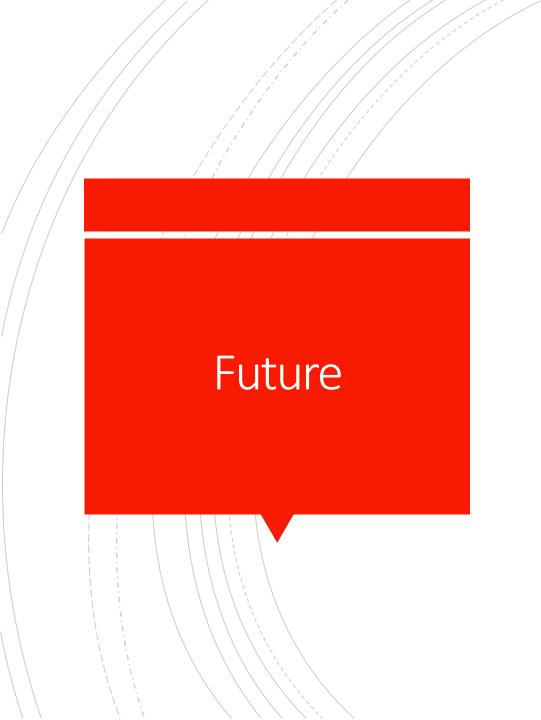
Understanding

- Depression =? Being sad
- Close-up and intimate experience how depressed people feel
- A powerful first-person perspective on the challenges that social situations may present to a depressed person



- An narration collecting from different depressed people
- Different lightings
- Natural sounds





- As a photographer, I try to visualize people's hidden emotions
- The most difficult part