

The image features a white background with several concentric, overlapping circles in light gray, some solid and some dashed. A large red speech bubble is centered on the page, containing the text "VR Experience of Depression" in white. The speech bubble has a rectangular body and a pointed tail at the bottom center.

# VR Experience of Depression

# Experience

- What depressed people are experiencing when they are alone in home, and when they are surrounded by people
- How depression is affecting them, and share the sensory overload that leads to a meltdown
- How depressed people deal with depression in a stressful environment

# Audience

- **Basically everyone**
- **People have misunderstandings on depression**

# Understanding

- Depression =? Being sad
- Close-up and intimate experience how depressed people feel
- A powerful first-person perspective on the challenges that social situations may present to a depressed person

# Techniques

- An narration collecting from different depressed people
- Different lightings
- Natural sounds

A red speech bubble graphic with a white outline, containing the word "Difficulty" in white text. The bubble has a tail pointing downwards and to the left.

Difficulty

- Interaction



Future

- As a photographer, I try to visualize people's hidden emotions
- The most difficult part